

The Lehi City Ledger

801-768-7100

January 2010

www.lehi-ut.gov



Dr. Liz Hale

"Going the distance: happy vs. unhappy couples, the answers might surprise you"



Ron McMillan

"Confrontations for couples: how to hold each other accountable with love and respect"



Sponsored by the Lehi Community Council and the State of Utah Marriage Initiative

CELEBRATE MARRIAGE!

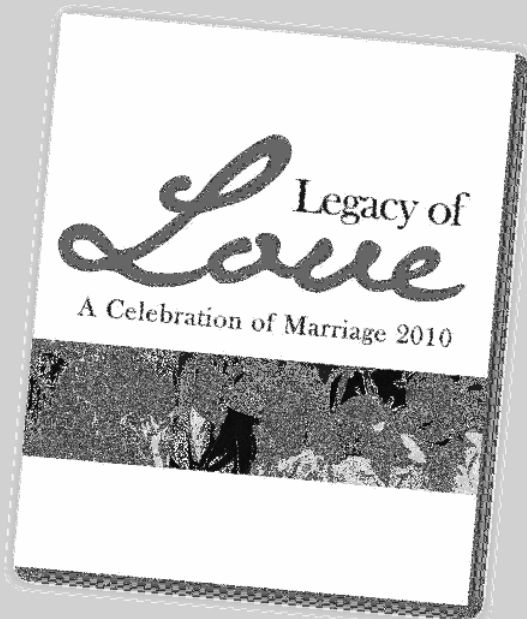
FRIDAY, FEBRUARY 12, 2010

- Includes buffet, speakers, entertainment, dessert
- The Barn at Thanksgiving Point
- 6:00 to 10:00 p.m.
- Only \$33/person, if purchased before Feb. 1
- Sit with your friends—reserve a table of 8!
- Tickets on sale January 4, 2010

TICKETS:

www.lehicity.com/communitycouncil/familyworkshops

INFO: acon2010lehi@gmail.com



Senior Citizen Center

The Senior Citizen Center is located in the Legacy Center at 123 North Center Street. Lunches are served daily, Monday through Friday at noon. Reservations for lunch need to be called in to the Senior Center by noon the previous day. The Senior Citizen Center's number is 801-768-7165. Mountainland Association of Governments and the State of Utah provide the food daily. The suggested donation for meals is \$2.

The Senior Center will be closed on Monday, January 18, for Human Rights Day and Monday, February 15, for President's Day.

Bingo is played each Tuesday and Friday at 11:30 a.m.

A free blood pressure clinic is held on the 1st, 3rd, and 4th Wednesday of every month from 10:30 a.m. - noon (no appointment necessary).

Brent Fox, audiologist, is at the Center each month for hearing testing (no appointment necessary). He will be here on the 4th Thursday of each month.

Dr. Scott Humphries, podiatrist, sponsors a foot clinic every other month from 10:30-noon. Call the Center at 801-768-7165 to make an appointment.

Seniors can walk on the Legacy Center's indoor track free of charge between the hours of 10 a.m. and 2 p.m., Monday through Saturday.

Literacy Center- Fundraiser Event

801-407-1025

DO YOU LIKE GREEN EGGS AND HAM?
WOULD YOU LIKE THEM SERVED WITH JAM?

WOULD YOU LIKE THEM ANYWHERE?
WOULD YOU LIKE THEM HERE OR THERE?

Come join the community for the 6th annual Lehi-Rippy Literacy Center fundraiser event.



**Monday, January 18, 2010
8 a.m.-11a.m.
Lehi Legacy Center (123 N Center)**

\$5 individual, \$25 family

Join us for breakfast, a book fair, Puppeteer Extraordinaire, the President's Service Award Ceremony at 10:30 a.m., and view an amazing display of American president artifacts by John Haws.

WOULD YOU, COULD YOU IN THE SNOW?... Makes for more fun, sure let's go!

Lehi Arts Council

Defining Lehi: Past and Present

The Lehi Arts Center will be hosting the annual photo show January 9- 16, 2010. The show will include work from amateur photographers of all ages that deals with the theme "Defining Lehi: Past and Present."

The exhibit is free and open to the public Saturdays 12-5 p.m., and Monday-Friday 5-8 p.m. The Lehi Arts Center is located at 685 N. Center Street in Lehi. For more information, please contact Linnie Brown at 801-766-2234 or lb@linniebrown.com.

Winter Workshops

Winter workshops will begin on February 1, and will include sculpture, arts and crafts, cooking 4 kids, cooking 4 tots, mom and tot music and movement, Kidz Musical Theatre (The Granny Awards), Jr. Musical Theatre (Guys and Dolls Jr), and more. Registration is available online at www.lehicityarts.org

Theatre Season Passes

Theatre season passes are available and include admission to four productions during 2010 including *Singin' in the Rain*, *The King and I*, *Arsenic and Old Lace*, and *The Best Christmas Pageant Ever*. The cost is \$28 for one pass at a savings of \$5, or \$55 for two passes at a savings of \$11 for the year. Passes can be purchased online at www.lehicityarts.org

Message from the Lehi Fire Department

The winter season presents a specific fire hazard for wood stoves and fireplaces. Unfortunately, many people are unaware of the fire risks when heating homes with wood and solid fuels. Often these risks are due to creosote buildup, a chemical substance that forms when wood burns in chimneys and stovepipes. Creosote can be crusty, flaky, tar-like, sticky, shiny, or hardened, and is highly combustible. If it builds up in sufficient quantities, and catches fire inside the chimney flue, the result will be a chimney fire. Certain conditions encourage the buildup of creosote such as restricted air supply, unseasoned wood, and cooler-than normal chimney temperatures. These factors can accelerate the buildup of creosote on chimney flue walls. Air supplies on fireplaces may be restricted by closed glass doors or by failure to open the damper wide enough to move heated smoke up the chimney rapidly. The longer the smoke's "residence time" in the flue, the more likely is it that creosote will form.

Following these steps will help prevent a chimney fire from occurring in your home during the winter season:

- Have your chimney or wood stove inspected and cleaned annually by a certified chimney specialist.
- Clear the area around the hearth of debris, decorations and flammable materials.
- Always use a metal mesh screen with fireplaces. Leave glass doors open while burning a fire.
- Install stovepipe thermometers to help monitor flue temperatures.
- Keep air inlets on wood stoves open, and never restrict air supply to fireplaces.

- Never use flammable liquids to start a fire.
- Never burn cardboard boxes, trash or debris in your fireplace or wood stove.
- Never leave a fire in the fireplace unattended. Extinguish the fire before going to bed or leaving the house.
- Install smoke alarms on every level of your home. Test them monthly and change the batteries at least twice a year.
- Contact the Fire Department if you have any questions.

Also, don't forget to sign up for CERT training! Call the Fire Department at 801-768-7130 to register. Classes begin February 24, 2010

Lehi 2300 West Road Project 1900 South to SR-92

The Environmental Assessment for Lehi 2300 West Project is underway. Lehi, in conjunction with the Utah Department of Transportation (UDOT) and the Federal Highway Administration (FHWA), is preparing an Environmental Assessment (EA) for the Lehi 2300 West Corridor; 1900 South to SR-92.

Public Scoping Meeting Coming Soon!

Lehi City is holding an open house style public scoping meeting January 21, 2010 from 5:30- 7:30 p.m. to discuss the project, the EA process and, more importantly, to hear from residents. The public scoping meeting will be held at the Lehi City Senior Citizen Center located at 123 North Center Street. You are encouraged to attend and learn more about the development of the EA, project background/schedule, traffic, and safety issues.

If you are unable to attend the public scoping meeting, you can submit comments by mail or email to: Civil Science, 3160 W. Clubhouse Drive, Lehi, Utah 84043, attention: JaNae Kotter or email: jkotter@civilsience.com

Written comments must be received no later than February 3, 2010. For more information about the Lehi 2300 West Project, you can visit the project website at www.udot.utah.gov/Lehi2300westea

Volunteer as a Community Representative

The Utah National Guard (UTNG) is launching an effort to investigate if old munitions may be present on lands that were once used for training at Camp Williams. In conjunction with this effort, a Restoration Advisory Board (RAB) is being established, and we are seeking applicants for the Lehi Community Representative position. The RAB is a voluntary position that will consist of government and community members. An Investigation is being conducted at six locations outside the Camp Williams installation boundary, including one site near Lehi. The nine-acre site is located outside the eastern border of the installation, in close proximity to the Thanksgiving Point Golf Course. If you are interested in applying for the community representative position, please contact Melissa Porter, the community relations contractor at 801-825-3570.

Code Corner

Parking On Streets- No person shall park a vehicle upon any street for a period of time longer than one hour between two o'clock (2:00) A.M. and seven o'clock (7:00) A.M., of any day when snow removal operations are being conducted. (Ord. 8-11-92-12 § 2, 1992)

Snow Removal On Sidewalks- It is unlawful for any occupant or the owner of any property abutting on any street, within the platted portion of this city, to neglect or fail to clean and keep clean, of all weeds, ice or snow, rubbish, and obstructions, the sidewalks in front of his premises. (Prior code § 19-2-66)

Now Accepting Grand Marshal Nominations for the Lehi Round Up

The Lehi Round Up Celebration Committee is now accepting nominations for the 2010 Celebration. Nominations are due Monday, March 1, 2010. To nominate a person or a couple, please write a letter of recommendation detailing their life, service, and pride to the community of Lehi. We would love to recognize the Grand Marshal throughout all Round Up Celebration events and ask that they be present for the week of June 21 -26, 2010. Please submit your letter by email at lehiroundup@gmail.com or by mail at P.O. Box 33; Lehi, Utah; 84043. Please include your contact information and the nominee's contact information.

Waste Watch Enhances Safety

"To protect and to serve" is a common law enforcement motto, but it also applies to your local Waste Management (WM) collector. Each day, WM crews drive your neighborhood streets and through commercial areas, serving you by collecting your waste. They also serve another role – because they know their routes so well, they know when something looks suspicious.

"Waste Management drivers work with local law enforcement in our community to enhance safety through a program called Waste Watch. This neighborhood watch program helps protect your home or business and provides local police, fire and emergency services with a crew of alert, trained drivers who are in neighborhoods every day," said Susan Hayward, community programs manager for Waste Management Utah.

Being on the safe side means checking out situations such as lights on when no one should be home or a warehouse lit up at the wrong time. The right information at the right time can halt or prevent crime or personal injuries. WM drivers are there to report such activities to the authorities.

Regular routes help WM drivers become familiar with the norm, and they notice when something is out of the ordinary. Drivers have the necessary tools and communication devices to quickly reach their dispatcher so that suspicious or unusual activities are reported immediately.

Waste Management has partnered with local police and emergency response agencies to assist in protecting neighborhoods. The drivers have received specialized training to know what to look for, how to react and how to report incidents.

Hutchings Museum

www.HutchingsMuseum.org, 801-768-7180

Museum Munchkins

January 13, 1:30-2:15 p.m., \$3 (children should be accompanied by an adult.). **Dinosaur Day!** Roar, stomp and swish your tail as you learn about dinosaurs and fossils! Join as we start a new program specifically designed with preschool-aged children in mind. The stories, crafts, finger plays, and a short tour of the museum create an exciting way for preschoolers to discover the Museum.

Pioneering Power

January 19, 4:30- 5:30 p.m. \$4 per person, \$3 for Scout leaders
Find out what pioneers used for power. Discover when electric power first came to Lehi and why. Top off the workshop with some fun science experiments involving power and energy! Matching the Cub Scout theme for January, this makes a great workshop for Cub Scouts to participate in. Please call to reserve a space.

Museum Munchkins

February 10, 1 – 1:45 p.m. \$3 per person (children should be accompanied by an adult.). **Feathered Friends!** Come learn about birds, how they live, and their song.

A Night in the Museum

February 26, & 27. Come see what it is like when the exhibits at the Hutchings Museum come to life! More details to come.

Lehi Library

The Lehi City Library is far from the popular misconception of simple rows of shelved books and shushing librarians. Our library is a vibrant and busy hub of activity. You might be surprised to discover some of the things we have to offer beyond traditional library services such as online e-books, audio books, \$1 movies, reading club book bags, story time, internet access, teen activities, reference and magazine materials, and complete historical archives – just to name a few.

Winter Story Time, On-going – begins January 4, Theme: "What's in your pocket?", Monday- Thursday, 9:30, 10:30, 11:30, & 12:30

Boys Club (no girls allowed), Thursday January 21, 7 p.m.

Teen Scene, Thursday January, 28, 7 p.m., beaded snowflakes

There's something in our Library for EVERYONE! Come "check us out"!!

Lehi Legacy Community Center

START THE NEW YEAR OFF RIGHT!

LOW MONTHLY FEES!!!

* No yearly contracts or long-term commitments!

* No more hassle of writing monthly checks!

* Low enrollment fee!

STEP #1 – Sign up Mon thru Sat from 8am-9pm

STEP #2 – Choose your monthly pass, fill out paper work.

STEP #3 – Pay your enrollment fee of \$30/\$40

STEP #4 – Get your picture taken one week later.

Membership Benefits:

Open Hours 5am-11pm

*3 full-size gyms

*Aquatics Center

*Cardio room

*Weight room

*Free Aerobics classes

*Workout at The Factory for Free (4425 N Thanksgiving Way, Lehi)

*Water Aerobics

*Free cycling classes

*Free rock climbing (harness rental extra)

*10 % OFF youth sport registration

*10% OFF some programs

*Member only hours(5-8am/9-11pm)

**10%
OFF PASS
SALE**
Ends January 30

Ask about our 10% off for Annual Memberships during the month of January!

Itty Bitty Ball

3&4 year olds

Registration starts Jan. 15th

Tues/ Thurs OR Mon/Wed/ Fri

Sign Language

Starting January 14th

Beginners and Intermediate

7 classes & workbook

Pre-School

M/W/F from 9:30-11:30am

(advanced) OR 1-3pm.

T/TH from 9:30-11:30am OR

1-3pm.

Scrap Sleepover

Feb. 26th & 27th

4pm on Friday to 9pm

on Saturday.

New Winter Classes

Martial Arts

Legacy Dance

Legacy Cheer

Hunter Safety

Parenting with

Love & Logic

Rad Women

CPR & First Aid

Babysitters Course

Register on-line @

www.lehi-ut.gov

HEALTH & FITNESS FAIR

January 16th, 2010

10 am to 1 pm

FREE body fat testing, hearing screenings for adults and children, information booths, prizes and much more.

Face painting and balloons for the children.

20% OFF Legacy Center's Annual Memberships!

(During fair hours only)

For booth information

call Tina at 768-7124 ext. 2309

Frigid 5K Run/Walk

January 16th, 2010

www.lehi-ut.gov for details



HEALTHY EATING EVERY DAY

We all know what we should and shouldn't eat to be healthy. But knowing what we should eat doesn't mean we follow through with good eating habits. Now there's help.

The Legacy Center is pleased to announce Healthy Eating Every Day—a course that helps you change your habits for good. Whether you want to learn how to use healthy shopping strategies, identify healthy options when eating away from home, or cope with stress and other triggers to bad eating habits, Healthy Eating Every Day will teach you how to achieve your goals.

The next session of Healthy Eating Every Day begins Thursday, January 21st, 2010 at 7 pm. Call (801) 768-7124 or visit www.lehi-ut.gov for more information.

**Register now for the Triathlon Training class
and Women on Weights!**



SPORTS BEAT



Youth Indoor Soccer

Registration Deadline February 2 Includes: 8 games, shirt and participant award.

Men's Spring Basketball

Registration Deadline February 9 Includes: 8 games, post-season tournament, awards for top finishers.

Tee-Ball

Registration Begins January 4, Registration Deadline May 4
Includes: 8 games, t-shirt, hat & participant award

Coach Pitch

Registration Begins January 4, Registration Deadline May 4
Includes: 8 games, t-shirt, hat & participant award

Machine Pitch

Registration Begins January 4, Registration Deadline May 4
Includes: 8 games, t-shirt, hat & participant award

Boys Baseball

Registration Begins January 4, Registration Deadline March 11
Includes: 10 games, post-season tournament, uniform and participant award

Girls Softball

Registration Begins January 4, Registration Deadline March 11
Includes: 10 games, post-season tournament, jersey, visor and participant award

Spring Outdoor Soccer

Registration Begins January 5, Registration Deadline March 9
Includes: 8 games and participant award

Track and Field:

Registration Begins January 5, Registration Deadline March 9
Includes: 8 practices/inter-squad meets & t-shirt

Adult Coed Volleyball:

Registration Begins January 5

Registration Deadline March 9

Includes: 8 games, post-season season tournament and awards for top finishers. Spots are limited, sign-up today!